



Championnats
canadiens
de ski de fond
Ski nationaux

QUÉBEC 2007

March 18 to 25 2007



INDUSTRIELLE ALLIANCE
ASSURANCE ET SERVICES FINANCIERS INC.



RACE NOTICE

Canadian Cross-Country Skiing Championships 2007 Madshus Sprint Finals 2006-2007 Canadian College and University Nordic Championships 2007 (CCUNC)

Organized by	Club Nordique Mont Ste-Anne and Skibec Nordique
Sanctioned by	Fédération internationale de ski (FIS) Cross Country Canada (CCC) Ski de fond Québec (SFQ)
Locations	Centre de ski de fond Mont Sainte-Anne, St-Ferréol-les-Neiges Plains of Abraham, Old Quebec
Local Organizing Committee (LOC)	Event co-chairs: Renée Thibeault and Luc Jolicoeur Technical delegate: Jim McCarthy Assistant TD: Rob Bernhardt Chief of competition: Alain Vachon Chief of stadium: Francine Laforce-Bisson Chief of timing: Daniel Deschênes Race Secretary: Judith Kashul Chief of controllers: Marc Perron Hospitality and protocol: Luc Jolicoeur Chiefs of course: Yvon Bisson and Sylvain Bussière
Race schedule	See attached documents.



Information

418-833-0927 or renee.thibeault@briconseils.com
2007skinationals@videotron.ca
418-826-3470 or picjol@videotron.ca

Web Site

<http://www.skinationals.com>

Eligibility

Eligibility requirements are detailed in section 2.1 of the Technical Package, dated August 2006.

Full eligibility: This category of eligibility allows the skiers to compete for the Canadian Championships medals and awards put forward by CCC and prizes provided by the LOC or sponsors. As well, skiers in this category of eligibility may earn points towards overall Canadian Aggregate Awards (Club, Division or Individual). To achieve full eligibility the skier must fulfill the following:

- Have a valid CCC race licence from the current season; and
- Be a Canadian citizen or permanent resident.

Partial eligibility: This category of eligibility allows a skier to compete in the Canadian Championships but only for LOC or sponsor generated prizes, including cash prizes in the Open class. This category of eligibility does not allow the skier to earn points towards any of the overall Canadian Aggregate Championship Awards. Skiers in this eligibility category would include the following:

- Those who have a CCC race licence but are not Canadian citizens or permanent residents; and
- Skiers with a current foreign National Ski Association licence.

A skier **must** have either a CCC Racing licence or a licence issued by a National Ski Federation to enter the event as stated in section 2.1.3 of the Technical Package. SMDL and/or regional USA licences **are not accepted**.

License numbers must be included in the on-line registration.

CCUNC: The 2006-2007 Canadian College and University Nordic Championships are open to all racers who are full-time students at a Canadian college, university or CEGEP (Quebec). Eligibility is explained in the Canadian Interuniversity Sport (CIS) policy and procedures (www.cisport.ca).

Eligibility of athlete students shall be confirmed by a document from the registrar of the university or college certifying that the athlete meets full-time criteria. This document shall be submitted to the Race Office (Mont Ste-Anne's Auberge des Fondeurs) no later than March 12, 2007.



PAN AM banner: Pan American (Canadian, American and others) colleges and universities are invited to compete for the PAN AM banner, introduced this year at CCUNC 2007.

Registration

Registration must be completed on-line ONLY through Zone4 (www.zone4.ca), complete with payment. Registration fees are non-refundable. On-line registration will be available beginning mid-January 2007.

Race entry deadline and fee

Entry deadline is March 8, 2007.
 Fee: \$35 CAD per athlete for individual races and \$10 CAD per athlete for team races (Team Sprint).

Late entries

The late entries will be treated only through Zone4. A surcharge of an additional \$10 CAD per athlete per race will be charged for entries received between March 8 and 12, 2007. **NO ENTRY WILL BE ACCEPTED AFTER MARCH 12.**

Admission to the trails

Mont Ste-Anne's access to the trails is included in the registration fees for race days as well as official training days, from March 17 to 25, 2007. Usual rates will apply for other days, as follow:

Number of days	1 day	2 days	3 days	4 days	5 days
Access fees	\$9.60	\$16.00	\$21.60	\$28.80	\$32.00

Access to Plains of Abraham is free.

Banquet

There is a limited number of banquet spaces. It is recommended that banquet tickets be purchased at time of registration.
 Cost: \$25 CAD per athlete or coach; \$35 CAD per guest.
After March 8: \$35 CAD per athlete, coach, or guest. Tickets will be available at the Race Office (Mont Ste-Anne's Auberge des Fondeurs) until March 17.

Seeding

Seeding will be in accordance with specifications stated in the CCC Technical package dated August 2006, (www.skinationals.com).

Draw

The draw for each race will be carried out at the Team Leaders meeting(s).

Sprint teams

Based on athlete and coach feedback, the LOC in conjunction with CCC's Events Committee will replace all Relay Categories as indicated under section 2.2.2 of the Technical Package with Team Sprints in 2007. The format used will be the International norm of 2 skiers by 3 laps. Open, Challenge and CCUNC sprint teams must



be submitted to the Race Office (Mont Ste-Anne's Auberge des Fondeurs) by 10:00 AM, March 17, 2007.

Racing trails

www.nationals.com

Wax rooms

Trailers will be available for waxing close to Auberge des Fondeurs. A waxing area will be assigned to each province.

First aid

First aid will be provided by the Canadian Ski Patrol.

Attached documents

Event Timetable
Race Schedule and Formats



EVENT TIMETABLE

Canadian Cross-Country Skiing Championships 2007

DATE	TIME	EVENT	LOCATION
Monday January 15		On-line registration begins	www.zone4.ca
Thursday March 8		Deadline - registration	www.zone4.ca
Monday March 12		Deadline - CCUNC Eligibility form Deadline - late entry (additional fee)	Race Office - Auberge des Fondeurs www.zone4.ca
Friday March 16	9h - 16h 19h	Training - usual trail access fee <i>Team leaders' information session</i>	Mont Ste-Anne Château Mont Ste-Anne
Saturday March 17	9h - 16h 10h 19h 19h	Official training - Sunday's race course Deadline - Sprint team composition <i>Team leaders' Meeting</i> Deadline - Banquet tickets	Plains of Abraham Race office - Auberge des Fondeurs Château Mont Ste-Anne Château Mont Ste-Anne
Sunday March 18 INDUSTRIELLE- ALLIANCE DAY	09h 11h 19h	Opening Ceremonies Team Sprint - CCUNC, Challenge, Open Team Sprint Awards	City Place - Old Quebec Plains of Abraham Château Mont Ste-Anne
Monday March 19	09h - 16h 19h	Official training - Tuesday and Wednesday races <i>Team Leaders' Meeting</i>	Mont Ste-Anne Château Mont Ste-Anne
Tuesday March 20	10h 19h	Short distance event- freestyle Awards	Mont Ste-Anne Château Mont Ste-Anne
Wednesday March 21	10h 17h30 During banquet	Medium distance event - classic style Banquet Awards	Mont Ste-Anne Expo-Cité Expo-Cité
Thursday March 22	9h - 16h 19h	Official training - sprint race course <i>Team Leaders' Meeting</i>	Mont Ste-Anne Château Mont Ste-Anne
Friday March 23	10h 19h	Madshus Sprint finals - Qualifications; Heats Awards	Mont Ste-Anne Château Mont Ste-Anne
Saturday March 24	9h - 16h 12h - 16h 19h	Official training - long-distance race course «Cabane à sucre à Yvon» <i>Team Leaders' Meeting</i>	Mont Ste-Anne Auberge des Fondeurs Château Mont Ste-Anne
Sunday March 25	9h 20 min after the end of the race	Long distance event - freestyle Awards	Mont Ste-Anne Mont Ste-Anne



RACE SCHEDULE AND FORMATS

Canadian Cross-Country Skiing National Championships 2007

	DATES	Sunday March 18	Tuesday March 20	Wednesday March 21	Friday March 23	Sunday March 25
	START TIMES	11h	10h	10h	10h	9h
	FORMATS	Team Sprint	Short distance	Medium distance	Sprint	Long distance
	START FORMATS		Individual	Individual	Individual qualification and heats	Mass
	TECHNIQUES	Free	Free	Classic	Classic	Free
	FEES	\$ 10 CAD	\$ 35 CAD	\$ 35 CAD	\$ 35 CAD	\$ 35 CAD
CATEGORIES	BIRTHDATES					
MEN						
Juveniles	1991-1992		5 km	7.5 km	800 m	7.5 km
Junior Boys	1989-1990		10 km	7.5 km	1200 m	15 km
Junior Men	1987-1988		10 km	15 km	1200 m	30 km
Open	1976-1986		10 km	15 km	1200 m	50 km
CCUNC	Eligibility		10 km	15 km	1200 m	
Team Sprint Open	No restrictions	2 x 3 x 1200 m				
Team Sprint Challenge	Juvenile-Junior Boys	2 x 3 x 800 m				
Team Sprint CCUNC	Eligibility	2 x 3 x 1200 m				
Para-Nordic				Sitski and standing 15 km	Sitski and standing	Standing 10 km
WOMEN						
Juveniles	1991-1992		5 km	5 km	800 m	7.5 km
Junior Girls	1989-1990		5 km	5 km	1200 m	10 km
Junior Women	1987-1988		5 km	10 km	1200 m	15 km
Open	1976-1986		5 km	10 km	1200 m	30 km
CCUNC	Admissible		5 km	10 km	1200 m	
Team Sprint Open	No restrictions	2 x 2 x 1200 m				
Team Sprint Challenge	Juvenile-Junior girls	2 x 3 x 800 m				
Team Sprint CCUNC	Eligibility	2 x 3 x 1200 m				
Para-Nordic				Sitski and standing 10 km	Sitski and standing	Standing 20km